

# Knitables

## Hearts



### Measurements

Large heart: Height measures approximately 7cm (2.76in), width approximately 8cm (3.15in)

Small heart: Height measures approximately 4cm (1.58in), width approximately 5cm (1.97in)

### Equipment and Materials

One pair of 3.25mm knitting needles (UK10 / US3)

One wool sewing needle

Good quality washable polyester toy filling (approximately 3g)

Scissors

### Yarn

The yarns listed may be substituted for any DK yarn

Large Heart: **Yarn A** Debbie Bliss Rialto DK, Colour Scarlet (012), 10g (21m)

Small Heart: **Yarn B** Debbie Bliss Rialto DK, Colour Pale Pink (065), oddment of yarn

## Abbreviations

<b>K</b>	Knit
<b>P</b>	Purl
<b>st(s)</b>	Stitch(es)
<b>m1</b>	Make one stitch by picking up the horizontal loop before next stitch and knitting into the back of it
<b>Inc 1</b>	Increase one by knitting into the front and back of the stitch
<b>K2 tog</b>	Knit two stitches together
<b>SSK</b>	Slip, slip, knit (Decrease - slip the next stitch on the left needle knitwise, then slip the next stitch on the left needle purlwise. Take the left needle and knit through the front of the two slipped stitches on the right needle)
<b>P2 tog</b>	Purl two stitches together
<b>SSP</b>	Slip, slip, purl (Decrease - slip the next two stitches knitwise, one at a time, to right hand needle. Move these two stitches back to the left hand needle. Insert the right needle into these two stitches through their back loops and purl these two slipped stitches together)
<b>sl1</b>	Slip 1 stitch (stitch is passed from the left needle to the right needle without being knitted, slip purl-wise)
<b>B &amp; T</b>	Break yarn, leaving a long end. Thread through remaining stitches on needle, draw up tightly and secure by threading yarn a second time through sts

## Pattern Notes

### Instructions in round brackets

These are to be repeated the number of times stated after the closing bracket.

### Making up

To create a neat, invisible seam when joining pieces use a mattress stitch, with right side of work uppermost. When casting on leave a length of yarn that could be used to sew up the seam if required.

### Toy Safety

Please ensure that attached pieces are sewn on very securely and seams are tightly finished off.

## Tutorials

For tips and advice on the various stitches and techniques used in this pattern, please refer to the video tutorials on [www.knitables.com](http://www.knitables.com)

## Large Heart

### Heart (make two)

Begin at the bottom of the heart and with yarn **A** cast on 2 sts

**Row 1** Inc 1, K1 (3 sts)

**Row 2** Purl

**Row 3** K1, Inc 1, K1 (4 sts)

**Row 4** *Next and every following alternate row:* P1, Knit to last stitch, P1

**Row 5** K1, (Inc 1) 2 times, K1 (6 sts)

**Row 7** K1, Inc 1, K1, Inc 1, K2 (8 sts)

**Row 9** K1, Inc 1, K3, Inc 1, K2 (10 sts)

**Row 11** K1, Inc 1, K5, Inc 1, K2 (12 sts)

**Row 13** K1, Inc 1, K7, Inc 1, K2 (14 sts)

**Row 15** K1, Inc 1, K9, Inc 1, K2 (16 sts)

**Row 17** K1, Inc 1, K11, Inc 1, K2 (18 sts)

**Row 19** K1, Inc 1, K13, Inc 1, K2 (20 sts)

**Row 21** K1, Inc 1, K15, Inc 1, K2 (22 sts)

**Row 23** K1, Inc 1, K17, Inc 1, K2 (24 sts)

**Row 25** Knit

**Row 27** Knit

**Row 29** Knit

\* **Row 30** *Left side* P1, K10, P1, turn (work on these 12 sts only)

**Row 31** Knit

**Row 32** P1, K10, P1

**Row 33** K9, SSK, K1 (11 sts)

**Row 34** P1, K7, SSK, P1 (10 sts)

**Row 35** K7, SSK, K1 (9 sts)

**Row 36** P1, K7, P1

**Row 37** K1, K2tog, K3, SSK, K1 (7 sts)

**Row 38** P1, K2tog, K1, SSK, P1 (5 sts)

**Row 39** SSK, K1, K2tog (3 sts) B&T

\* **Row 30** *Right side* Re-join yarn **A** P1, K10, P1

**Row 31** Knit

**Row 32** P1, K10, P1

**Row 33** K1, K2tog, K9 (11 sts)

**Row 34** P1, K2tog, K7, P1 (10 sts)

**Row 35** K1, K2tog, K7 (9 sts)

**Row 36** P1, K7, P1

**Row 37** K1, K2tog, K3, SSK, K1 (7 sts)



**Row 38** P1, K2tog, K1, SSK, P1 (5 sts)

**Row 39** SSK, K1, K2tog (3 sts) B&T

Weave in all the yarn ends. Place one heart on top the other and join the side edges, leaving a small opening. Stuff the heart and close the seam.

## Small Heart

### Heart

Begin at the bottom of the heart and with yarn **B** cast on 2 sts

**Row 1** Inc 1, K1 (3 sts)

**Row 2** Purl

**Row 3** K1, Inc 1, K1 (4 sts)

**Row 4** *Next and every following alternate row:* P1, Knit to last stitch, P1

**Row 5** K1, (Inc 1) 2 times, K1 (6 sts)

**Row 7** K1, Inc 1, K1, Inc 1, K2 (8 sts)

**Row 9** K1, Inc 1, K3, Inc 1, K2 (10 sts)

**Row 11** K1, Inc 1, K5, Inc 1, K2 (12 sts)

**Row 13** K1, Inc 1, K7, Inc 1, K2 (14 sts)

**Row 15** Knit

\* **Row 16** *Left side* P1, K5, P1, turn (work on these 7 sts only)

**Row 17** K4, SSK, K1 (6 sts)

**Row 18** P1, K2, SSK, P1 (5 sts)

**Row 19** SSK, K1, K2tog (3 sts) B&T

\* **Row 16** *Right side* Re-join yarn **B** P1, K5, P1

**Row 17** K1, K2tog, K4 (6 sts)

**Row 18** P1, K2tog, K2, P1 (5 sts)

**Row 19** SSK, K1, K2tog (3 sts) B&T



Weave in all the yarn ends. Sew the heart onto the teddy.